

STUDENT NAME: _____

STUDENT #: _____ ROOM #: _____ DATE: _____

For menu questions, please visit the VIU Food Services website: services.viu.ca/food-services

BREAKFAST	LUNCH	DINNER
<p>CHOOSE ONE</p> <p>Apple Juice Orange Juice Grape Juice 2% Milk Chocolate Milk Almond Milk</p>	<p>CHOOSE ONE</p> <p>Assorted Canned Pop Apple Juice Orange Juice 2% Milk Chocolate Milk Almond Milk</p>	<p>CHOOSE ONE</p> <p>Assorted Canned Pop Apple Juice Orange Juice 2% Milk Chocolate Milk Almond Milk</p>
<p>CHOOSE TWO</p> <p>Assorted Muffins Assorted Baked Goods Apple Orange Assorted Cheese Hard Boiled Egg</p>	<p>CHOICE OF SOUP & SANDWICH</p> <p><i>comes with sandwich and cup of daily soup</i></p> <p>CHOOSE ONE</p> <p>Lumberjack Sandwich Mediterranean Wrap (V) Rue di Roma (V) Falafel Wrap (V) Philly Cheesesteak Egg Salad Sandwich (V) Turkey Sandwich Chicken Caesar Salad Wrap</p>	<p>CHOOSE ONE</p> <p><i>refer to Dinner Menu</i></p> <p>Option One Option Two (vegetarian)</p>
<p>CHOOSE ONE</p> <p>Assorted Yoghurt Egg Salad Sandwich (V) Bagel (V) with... <i>Peanut Butter Jam Cream Cheese</i> Hummus & Naan Assorted Cereal (V) <i>Choose milk type above</i> Fruit Salad (V)</p>	<p>OR CHOICE OF POKE BOWL</p> <p><i>Only order a poke bowl if you did not order soup & sandwich</i></p> <p>CHOOSE ONE</p> <p>Chicken Soya Poke Bowl Veggie Poke Bowl Smoked Salmon Poke Bowl</p>	<p>ALLERGIES & OTHER DIETARY RESTRICTIONS</p>

(V) = Vegetarian

VIU Food Services views vegetarian as a Lacto-ovo vegetarian diet which excludes meat, fish and poultry, but allow dairy products and eggs.