

MOUNT BENSON MARKET

Week of **January 16 to January 22**

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>OPTION ONE</p> <ul style="list-style-type: none"> • Shepherd's Pie 	<p>OPTION ONE</p> <ul style="list-style-type: none"> • Gourmet Mac & Cheese 	<p>OPTION ONE</p> <ul style="list-style-type: none"> • Spaghetti and Meatballs 	<p>OPTION ONE</p> <ul style="list-style-type: none"> • BBQ Pork Ribs • Baked Potato • Steamed Buttered Green Beans 	<p>OPTION ONE</p> <ul style="list-style-type: none"> • Thai Green Curry Chicken Thighs • Jasmine Rice • California Vegetable Mix 	<p>OPTION ONE</p> <ul style="list-style-type: none"> • Mongolian Style Beef • Sticky Rice • Steamed Broccoli 	<p>OPTION ONE</p> <ul style="list-style-type: none"> • Chicken Parmesan • Buttered Penne Pasta • Caesar Salad
<p>OPTION TWO</p> <ul style="list-style-type: none"> • Shepherd's Pie 	<p>OPTION TWO</p> <ul style="list-style-type: none"> • Gourmet Mac & Cheese 	<p>OPTION TWO</p> <ul style="list-style-type: none"> • Vegetarian Spaghetti & Meatballs 	<p>OPTION TWO</p> <ul style="list-style-type: none"> • Grilled Marinated Portabello Mushroom • Baked Potato • Steamed Buttered Green Beans 	<p>OPTION TWO</p> <ul style="list-style-type: none"> • Green Curry Tofu • Jasmine Rice • California Vegetable Mix 	<p>OPTION TWO</p> <ul style="list-style-type: none"> • Mongolian Style Tofu • Sticky Rice • Steamed Broccoli 	<p>OPTION TWO</p> <ul style="list-style-type: none"> • Eggplant Parmesan • Garlic Toast • Grilled Zucchini
<p>EXTRAS</p>	<p>EXTRAS</p>	<p>EXTRAS</p> <ul style="list-style-type: none"> • Garlic Bread 	<p>EXTRAS</p> <ul style="list-style-type: none"> • Sour Cream • Green Beans • Bacon Bits 	<p>EXTRAS</p> <ul style="list-style-type: none"> • Green Onion Garnish 	<p>EXTRAS</p>	<p>EXTRAS</p> <ul style="list-style-type: none"> • Parmesan • Bacon Bits • Croutons