VIU FOOD
WEEKLY DINNER PLAN

FEBRUARY 22-26

MONDAY
Butter Chicken or Spinach & Chickpea
MAIN
Basmati Rice
SIDE
Curry Naan
SIDE

TUESDAY
Aloo Gobi
MAIN
Roti
SIDE
Raita
SIDE

WEDNESDAY
Herb Chicken Alfredo
or Herb Broccoli Alfredo
MAIN
Garlic Bread
SIDE

THURSDAY
Beef Vindaloo or Tofu Vindaloo
MAIN
Basmati Rice
SIDE
Naan & Yogurt
SIDE

FRIDAY
Shepherd's Pie or Lentil Loaf with Garden Salad
MAIN

$12.00 TAX INCL.
DINNER 4:00 PM TO 6:30 PM

FEED THE TEAM 4 MEALS FOR $40 TAX INCL.

Visit us at https://services.viu.ca/food-services or email: viufoodservices@viu.ca